

PUK Mc Arthur Stadium Potchefstroom

Men

100m Heat 1 (-0.2) Kagiso Kumbane UFS A 10.99; Drikus Viljoen US A 11.10; Karabo Phahlamohlaka UL 11.18; Tezren Pandither UKZN 11.22; Thabiso Helepi CUT 11.28; Thabo Phakoe UFS B 11.45; Ngube Emmanuel UJ C 11.75; Freedom Mgobhazi DUT 11.85.

100m Heat 2 (-1.8) Waide Jooste UJ A 10.66; Peter Schoeman US A 11.12; siphamadia Mokoena UJ B 11.19; Njabula Mkhize UFS A 11.21; Manfred Titus UFS B 11.23; Zothani Ngubane UKZN 11.30; Banele Nxumalo UCT 11.52; Tshepo Makmene Wits 12.22.

100m Heat 3 (+0.6) Leigh Julies NMMU 10.52; Thuso Mpuang UFS A 10.79; Max Mogotsi UJ C 10.89; Garth Arenz US A 10.96; Vaughn Rossouw UJ B 11.10; Lucien Vogel CAPUT A 11.31; Mario Mangalie CUT 11.59; Mivuyo Mjajubana UCT 11.66.

100m Heat 4 (+0.5) Snyman Prinsloo UJ A 10.57; Gueron Kulsén US A 10.98; Ashford Motsau UFS A 11.17; Andrew Keightley – Smith Wits 11.68; Etienne Kriel NMMU 11.70; Yomelelani Damba UJ C 11.78.

100m Heat 5 (+0.6) Hannes Dreyer TUKS A 10.68; Ethan Florus US A 11.06; Nelis de Kock UFS A 11.23; Ashley Phiri Northlink 11.61; Werner Brits 11.61; Zane Watkins Rhodes 11.82; Phakamani Khumal MUT 12.04.

100m Heat 6 (-0.9) Simon Magakwe NWU A 10.75; Isaak v Wyk TUKS A 10.77; Andre Nel NWU B 11.11; Selebogo Mothea VUT 11.35; Reginald Hinda Northlink 11.54; Gary Morris US A 11.55; Tieho Mokhatla NWU Mafikeng 11.72; Max Popescu WITS 11.84; Mothusi Moheta NIHE 13.92.

100m Heat 7 (-2.4) Leon du Toit TUKS A 10.93; Heine Fortuin US A 11.22; Liam Caledon UWC 11.40; Maurice Mathabela TUT 11.45; Bradley Cloete Northlink 11.70; Mmoloki Matong Nwu Mafikeng 12.54; Sechaba Nkoala CUT 12.74; Lebogang Letswidi NIHE 13.24.

100m SF 1 (+0.2) Leigh Julies NMMU 10.32; Thuso Mpuang UFS A 10.49; Kagiso Kumbane UFS A 10.52; Isaak v Wyk TUKS A 10.73; Ethan Florus US A 10.83; Ashford Motsau UFS A 11.20; Karabo Phahlamohlaka UL 11.23; Nelis de Kock UFS A 11.30.

100m SF 2 (+0.1) Simon Magakwe NWU A 10.49; Snyman Prinsloo UJ A 10.50; Max Mogotsi UJ C 10.90; Peter Schoeman US A 11.02; Gueron Kulsén US A 11.12; Tez Siphamadia Mokoena UJ B 11.19; Vaughn Rossouw UJ B 11.38.

100m SF 3 (N/R) Hannes Dreyer TUKS A 10.57; Waide Jooste UJ A 10.58; Leon du Toit TUKS A 10.98; Drikus Viljoen US A 10.91; Garth Arenz US A 10.91; Andre Nel NWU B 11.01; Heine Fortuin US A 11.07; Njabula Mkhize UFS A 11.21.

100m Final (-0.1) Simon Magakwe NWU A 10.30; Leigh Julies NMMU 10.40; Thuso Mpuang UFS A 10.48; Snyman Prinsloo UJ A 10.52; Waide Jooste UJ A 10.52; Hannes Dreyer TUKS A 10.57; Kagiso Kumbane UFS A 10.60; Isaak v Wyk TUKS A 10.84.

400m Heat 1: Sidwell Mithi UJA 48.14; Adriaan v Wyk TUKS A 48.69; Shemane Mpeli VUT 49:49; Prince Masemola TUT 50.39; Michael du Toit UJ B 50.98; Pabello Neer UCT 51.08; Wandile Kheswa UJ C 52.07;

400m Heat 2: Willie de Beer TUKS A 48.74; Shane Victor DUT 48.80; Werner du Toit UJ B 48.92; Lumbart Groenewald US A 49.24; Lehlohonolo Nkoga CUT 49.71; Mark Bender TUKS A 50.60; Andrew Roodt TUKS B 50.97; Edward Monanyane TUT 54.81

400m Heat 3: Sibusiso Sishi UJ A 48.65; Brad Bonner TUKS A 49.28; Rifaat Jappie US A 49.48; Jurgen Burger NMMU 50.60; Morena Kkhizo UFS B 50.69; Jan Lubbe NWU B 50.69; Piwe Hewu TUT 54.09; Vumile Melane WITS 59.36.

400m Heat 4: Themba Madima TUKS A 48.66; Gerald Lakey CAPUT A 49.04; Sandile Mpsi MUT 50.00; Tinus v Rensburg NWU B 50.12; Hendrik v Staden UJ C 50.47; Francois Retief USA 50.71 Thebeitsile Matlhaku NWU Mafikeng 56.03.

400m Heat 5 : Shaun de Jager US A 49.08; Marnus Koekemoer TUKS A 49.01; Ryan Nel UWC 49.85; Rodwin v Vuuren UJ A 51.71; Erasmus Christopher US B 52.77; Delmain Davids CAPUT A 57.48; Tsletsi Mashose NWU Mafikeng 59.01.

400m Heat 6: LJ V Zyl TUKS A 47.98; Henk Beukes UJ A 48.16; PC Beneke UFS A 49.39; Byron Haupt US B 50.39; Pule Nkoli VUT 50.86; Jeanre Rossouw UCT 53.04; Mota Mantje CUT 55.11.

400m SF 1 Sibusiso Sishi UJ A 47.38; LJ v Zyl TUKS A 47.62; Marnus Koekemoer TUKS A 47.78; shane Victor DUT 47.93; Themba Madima TUKS A 48.10; Rifaat Jappie USA 48.73; Werner du Toit UJ B 50.46; Lummdardt Groenewald USA 51.16.

400m SF 2 Sidwell Mithi UJ A 47.77; Adriaan v Wyk TUKS A 47.83; Willie de Beer TUKS A 47.84; Henk Beukes UJ A 47.86; Shaun de jager US A 47.99; Brad Bonner TUKS A 48.40; PC Beneke UFS A 49.91; Gerald Lakey CAPUT A 50.08.

400m F: Sibusiso Sishi UJ A 46.12; LJ v Zyl TUKS A 46.62; Willie de Beer TUKS A 46.70; Shane Victor DUT 46.75; Sidwell Mithi UJ A 47.01; Adriaan v wyk TUKS A 47.81; Marnus Koekemoer TUKS A 47.83; Henk Beukes UJ A 48.11.

1500m Heat 1: Dumisane Hlaselo UFS A 3:56.23; Ratsela Thoriso UJ B 3:56.63; Lloyd Bosman NWU B 3:58.89; Rick Hambridge US A 4:00.06; Bangoqobile Zulu NWU B 4:04.81; Danster Donney NWU B 4:06.86; Rudolf Coetzer UJ C 4:07.73; Andy Mukona TUKS B 4:13.09.

1500m Heat 2: Windy Jonas UFS A 3:59.11; Ratlale Mokone UFS A 3:59.17; Jaques Pretorius US A 3:59.27; Clinton Swanepoel UJ C 4:01.86; Keith Freimond TUKS B 4:07.84; Adrian Wallace TUT 4:09.54; Ruan de Jager USB 4:15.65; Pedro Envor CAPUT B 4:32.38.

1500m Heat 3 : Mthobisi Baloyi NWU A 3:47.73; Elroy Galant NWU A 3:47.75; Molefe Molefe UJ A 3:50.05; Isaac Mboyasi UJ A 3:50.87; Koos Mbele VUT 3:58.77 ; Adriaan Geldenhuys US B 3:59.71; Zwelaleke Sebota NWU A 4:00.63; Olwethu Mlabho UJ B 4:03.13

1500m Final: Elroy Galant NWU A 3:43.72; Mthobisi Baloyi NWU A 3:43.74; Dumisane Hlaselo UFS A 3:44.24; Ratlale Mokone UFS A 3:49.40; Isaac Mboyasi UJ A 3:49.73; Molefe Molefe UJ A 3:51.16; Ratsela Thoriso UJ B 3:53.55; Windy Jonas UFS A 3:57.59; Jaques Pretorius US A 3:57.97; Koos Mbele VUT 4:04.73.

3000m SC Final: Ruben Ramolefi UJA 8:45.05; Edwin Molepo NWU A 8:57.22; Dean Brummer NWU A 8:59.50; Thuso Phaswana UJ A 9:16.37; Khothatso Mokone UFSA 9:21.97; Olwethu Mokone UJ B 9:23.61; Lucas Bothabutle NWU A 9:29.46; Daniel Mokoma VUT 9:48.44

10,000m Final: Stephen Mokoka TUT 30:02.41; Boy Soke UFS A 30:27.57; Isaac Mboyasi UJ A 30:47.69; Rafael Mahapa TUT 31:17.05; Nathan Mathysen UWC 36:47.44.

110m H Heat 1 (N/R) Andre Storm NWU A 14.20; Sors Joubert CAPUT A 14.47; Jaco Willemse NWU A 14.74; Siphamadia Mokoena UJ B 15.22; Werner Joubert TUKS B 15.33; Gary Morris US A 15.98; Christiaan Scholtz US B 16.89; Edu Steyn NWY B 20.98.

110 m H Heat 2 (N/R) Louw Smit US A 14.30; Kobus Moolman TUKS A 14.68; Rohan du Toit NMMU 15.40; Gert Swanepoel NWU A 15.47; HJ Gordon UFS A 15.83.

110m H Heat 3 (N/R) Hardus Maritz NWU A 14.61; Drikus Viljoen US A 14.86; Eduan Nel UJ B 15.19; Busang Kalisang UJ B 15.26; Ockert Groenewald TUKS A 15.57.

110m H Final(+1.4) Andre Storm NWU A 14.04; Louw Smit US A 14.08; Sors Joubert CAPUT A 14.44; Hardus Maritz NWU A 14.47 ; Jaco Willemse NWU A 14.51; Kobus Moolman TUKS A 14.55 ; Eduan Nel UJ B 15.14.

4x 100m Relay: TUKKIES A 40.57; UFS A 40.78; US A 41.23; 41.48; UJ A 42.04; US A 42.09; TUKS A 42.27; NMMU 42.51.

20 Km Walk : Mark Mundell TUKS A 1:33:15.20; Wayne Snyman TUKS A 1:34:00.00; Werner Appel UJ B 1:34:20.30; Armond Nel US A 1:39:34.10; Mojalepa Molise VUT 1:39:39.60; Wade Fraser DUT 1:48:26.20; Jaques Faure TUKS B 1:50:36.30; Elias Ramonyadioe CUT 1:59:55.80

Long Jump Heat 1: Zaarck Visser UJ A (-0.22) 7.39; Keenan Watson UWC (+0.00) 7.28; Adewale Abejumo UKZN (+0.00) 7.01; Zavion Kotze NWU A (-) 6.75; Neo Marie UJ B (-0.23) 6.71; Yomelelani Damba UJ C (+0.37) 6.48; Angelo Japhtas CAPUT A (+0.80) 5.94.

Long Jump Heat 2: Dylon Cotter UJ A (+0.00) 7.29; Tumelo Thangane NWU A (+0.00) 7.21; Vaughn Rossouw UJ B (+0.46) 7.04; Roger Haitengi UJ A (+0.00) 6.95; Kimnes Leirvik CAPUT A (+0.00) 6.83; Sibulela Minay UJ B (+0.00) 6.69; Andile Mtshali UKZN (+0.00) 6.54; Pule Rantseli UFSB (+0.00) 6.49

Long Jump Final: Zaarck Visser UJ A (+2.46) 7.79; Tumelo Thangane NWU A (+2.19) 7.65; Dyllon Cotter UJ A (+1.57) 7.40; Zavion Kotze NWU A (-0.00) 7.27; Andile Mtshali UKZN (+0.58) 7.08; Vaughn Rossouw UJ B (-0.12) 6.98; Roger Haitengi UJ A (+0.55) 6.93; Sibulela Minay UJ B (-0.34) 6.71.

Pole Vault Final: Cheyne Rahme UJ A 5.00; Eben Beukes UJ B 4.60; Heinrich Smit UJ B 4.60; Conrad Weldhagen UJ B 4.40; Willem de Bruin UJ A 4.00; Kimnes Liervik CAPUT A 4.00; Sors Joubert CAPUT A 4.00

Discus Heat 1: Dewald Moolman TUKSA 51.46; 2. Wynand Coetzee UJ A 49.71; 3. Dean Wattus NWU A 48.96; 4. Dovovan Snyman UJ A 47.82; 5. Jaco Engelbrecht UJ A 47.19; 6. Pieter v Deventer NWU B 45.72; 7. Ross Jordaan US A 44.43; 8. Stephan Brink TUKS A 35.51; 9. Vincent v Rensburg TUKS B 37.47; 10. Migual le Roux UJ B 31.57; 11. Luan Retief US A 31.04; 12. Ruan de Beer UJ B 26.13.

Discus Heat 2: Dewald v Heerden UJ A 49.76; Russel Tucker TUKAS A 49.61; Leon Verster TUKS A 48.37; Brynne-Peters Kemp UJB 47.09; Ryno v Winkel UFS A 44.04; Ricus Roux UFS A 40.25; Jaco Havenga UJ C 40.10; Stephan v Straaten NWU B 38.68

Discus Final: Wynand Coetzee UJ A 52.97; Dewwald Moolman TUKS A 51.83; Dewald v Heerden UJ A 51.02; Snyman Donovan UJ A 50.98; Russel Tucker TUKS A 49.98; Brynne-Peters Kemp UJ B 48.54; Jaco Engelbrecht UJ A 48.01; Leon Verster TUKS A 47.83.

Women

100m Heat 1 (-0.2) Cindy Stewart NMMU 11.76; Carina Horn TUKS A 11.77; Stacey Gardiner UWC 11.78; Thandi Vilikazi UJ A 12.12; Leah Slinger US A 12.94; Mamello Tsotesi VUT 13.30; Palesa Thabo CUT 15.40.

100m Heat 2 (+1.1) Christy Coetzee TUKS A 11.80; Cindy Peters UJ A 11.80

100m Heat 3 (+0.5) herese Jones TUKS A 12.03; Claudine J v Rensburg TUKS B 12.26; Bernicca Mashava UJ B 12.39; Colleen May UWC 12.47; Sibusiswe Gavu UKZN 12.77; Marike Walters US A 12.78; Leandi Maritz UJ B 12.98; Cherie Strydom UFS A 13.38.

100m Heat 4 (+1.2) Arlene Gowar TUKS A 12.04; Nontobeko Gumede UKZN 12.06; Anre Zandberg US A 12.20; Tasquane hufkie NMMU 12.33; Bernice Roman 12.33; Nickell Jackson UJ B 13.36; Bongwiwe Pinana TUT 13.71; Rafiloe Lebane UJ B 14.25.

100m Heat 5 (-0.1) Taliza Swartz UFS A 12.59; Keshia Kalomo North link 12.67; Anesu Mbizvo UCT 12.97; Simone Morris UWC 12.99; Amy Abel US A 13.03; Kehley Gorgon zeal NMMU 13.13; Ansce Scheepers UFS A 13.24; Masego mosimanyane VUT 13.62; Nozinja Mabaso Cut 13.75.

100m SF 1 (+0.3) Cindy Stewart NMMU 11.83; Thandi Vilikazi UJ A 12.03; Gumede Nontobeko UKZN 12.06; Christy Coetzee TUKS A 12.13; Cindy Peters UJ A 12.14; Tasquane Hufkie NMMU 12.36; Bernice Roman 12.40; Keshia Kalomo North link 13.07.

100m SF 2 (+0.3) Stacey Gardiner UWC 11.78; Carina Horn TUKS A 11.81; Arlene Gowar TUKS A 11.92; Bevin smith UWC 12.03; Cherese Jones TUKS A 12.09; Anre Zandberg US A 12.19; Claudine J v Rensburg TUKS b 12.37; Bernicca Mashava UJ B 12.47.

100m Final (+1.5) Cindy Stewart NMMU 11.55; Stacey Gardiner UWC 11.59; Carina Horn TUKS A 11.70; Thandi Vilikazi UJ A 11.80; Bevin Smith UWC 11.81; Arlene Gowar TUKS A 11.81; Cherese Jones TUKS A 12.01; Nontbokeko Gumede UKZN 12.11.

400m Heat 1: Rorisang Rammony NWU A 57.16; Yolandie Le Roux TUKS B 59.77; Diseda Obisi TUT 60.55; Chantelle Anderson US A 60.50; Yonne Eyssen UFS A 63.40m; Anje Badenhorst UFS B 63.52; Monique v Rhyn UFS A 63.92

400m Heat 2: Wenda Theron TUKS A 59.37; Anneri Ebersohn UFS A 60.38; Marizanne Jacobs UFS A 60.67; Narusta v d Colff US A 64.14; Lahja Ndjalo Rhodes 73.79;

400m Heat 3: Eugenie Wicksell TUKS A 57.83; Megan Goddard US A 58.21; Izelle vd Merwe UJ B 60.25; Nandi Meyer UJNB 61.91; Shameen Shaik CAPUT A 68.23

400m Heat 4: 1. Alet v Wyk TUKS A 58.66; 2. Annika v Huyssteen US A 59.63; Soandri Meyer TUKS B 59.63; Monique Maree UJ A 60.13

400m Heat 5: Done Vermaak TUKS B 56.79; Rone Reyneke UFS A 56.82; Janine Pieters NWU A 56.83; Anuscha Nice TUKS A 57.00; Megan Williams UJ A 59.25

400m SF 1 : Alet v Wyk TUKS A56.22; Rorisang Rammony NWU A 56.45; Anushca Nice TUKS A 57.36; Done Vermaak TUKS B 58.63; Annika v Huyssteen US A59.82; yolandie le roux TUKS B 60.94; Soandri Meyer TUKS B 61.29.

400m SF 2: Eugenie Wicksell TUKS A 56.17; Rone Reynecke UFS A 56.25; Wenda Theron TUKS A 56.40; Janine Pieters NWU A 56.74; Megan Goddard US A 57.78; Izelle v d Merwe UJ B 80.06; Megan Williams UJ a 60.23; Monique Maree UJ A 60.06.

400m Final: Alet v Wyk TUKS A 54.04; Eugenie Wicksell TUKS A 54.85; Rorisang Rammony NWU A 55.15; Wenda Theron TUKS A 55.21; Anushca Nice TUKS A 56.32; Rone Renecke UFS A 56.53; Janine Pieters NWU A 56.72; Annika v Huyssteen US A 56.93.

1500m Final: Mandie Brandt UJ A 4:30.02; Zinhle Sinqe TUKS A 4:32.99; Juanee Cilliers NWU A 4:34.14; Myrette Filmlalter TUKS A 4:35.40; Claire Cronje UFS A 4:39.69; Carlyn Fisher TUKS A 4:40.89; Mia Pienaar US A 4:41.53; Mabona Liziwe TUKS B 4:42.38; Carlyn Fisher TUKS A 18:20.67; Mia Pienaar US A 18:45.97; Portia Ngenya TUT 18:55.93; Elene Lourens US A 19:18.20

3000m SC Final : Myrette Filmlalter TUKS A 10:47.77, Nolene Conrad UJ A 10:55,80; Ashleigh Schnetler UJ A 11:14.73; Thembi Baloyi TUT 11:36.57; Thandi Malinda UFS A 12:29.90; Pulani Musoni UJ B 12:55.75; Lauren venter UJ B 13:02.69.

5000m Final: Nolene Conrad UJ A 17:22.56; Myrette Filmlalter TUKS A 17:38.45; Zinhle Sinqe TUKS A 18:06.18; Ashleigh Schnetler UJ A 18:11.03

20Km Walk Final: 1. Corli Swart NWU A 1:51:07.20; 2. Michelle Hopkins UJ A 1:52:37.90; 3. Suzaan Liebenberg NWU A 2:05:12.40

100m H Heat 1 (-1.1) Janet Wienand US A 14.12; Christine Ras UJ A 14.77; Marli Spies TUKS A 14.99; Mariska Meintjies NWU A 15.00; Carli Gey v Pittius US A 15.85; Hermi Maree NMMU 16.76.

100m H Heat 2 (+1.2) Erika Kleinhans TUKS A 14.20; Ansulet Potgieter UFS A 14.59; Marke Walters US A 14.69; Jana Theron NWU A 14.89; Margit du plessis TUKS A 15.52; Carina Etsebeth TUKS B 16.48; Nazreen West UJ B 18.65.

100m H Final (+1.3) Janet Wienand US A 13.78; Erika Kleinhans TUKS A 13.92; Marli Spies TUKS A 14.39; Marike Walter US A 15.50; Ansulet Potgieter UFS A 14.60; Jana Theron NWU A 14.70

4 x 100m Relay : TUKS A 45.80; UWC 46.73; UJA 48.53; TUKS A 48.56; TUKS A 2 48.67; NWU 48.79; UFS A 49.58; US A 49.83

Triple Jump Final: Cindy Peters UJ A (+1.20)12.84; Patience Ntshingila NWU A (+2.27)12.70; Matsi Diklota UJ A (+1.38)12.62; Monja Goosen TUKS B (+1.30)12.33; Rochelle v d Merwe NMMU(+1.64)12.09; Kelly Kingwell UJ A (+0.00)11.87; Michelle Cornelius TUKS B (+0.54)11.49.

Javelin Throw Final: Sunette Viljoen NWU A 61.89 (USSA Rec) ;Justine Robbeson NWU A 61.23; Tasmin Britz 51.87; Gerlize de Klerk NWU A 51.31; Rencia Fourie NWU A 47.91; Gezelle Bernard NWU A 46.36; Anzel vd Schyff TUKS B 44.71; Mariska Botes NWU B 44.45.

Shot Put Heat 1: Sonia Smuts TUKS A 12.96; Bianca v Rooyen UJ A 12.51; Justine Robbeson NWU A 12.19; Maryke Oberholzer TUKS A 11.58; Tazmin Britz NWU A 11.51; Gerlize de Klerk NWU A 11.43; Ursula Fourie TUKS B 11.09

Shot Put Heat 2: Sonnika Knoetze NWU A 13.79; Elzaan Mostert UJ A 12.64; Gazelle Bernard NWU A 11.96; Ruzei Vorster UFS A 11.42; Elizna Naude TUKS A 11.28; Lindie Liebenberg NWU A 11.22; Jo-Anne du Toit TUKS B 10.32; Nadia Botha UFS A 09:74;

Shot Put Final: Justine Robeson NWU A4.00; Bianca v Rooyen UJ A 13.85; Sonnika Knoetze NWU A 13.63; Sonia Smuts TUKS A 13.51; Elzaan Mostert 12.70; Gezelle Bernard NWU A 12.20; Elizna Naude TUKS A 12.08; Maryke Oberholzer TUKS A 11.67.

Hammer Throw Final: Marizette Badenhorst UFS A 51.19; Nanette Stapelberg NWU A 46.14; Leandri de Beer UJ A 45.85; Angeline Rodriques de Franca TUKS B 45.56; Nadia Botha UFS A 45.40; Anneke Louw NMMU 42.36; Ursula Fourie TUKS B 36.69; Sarah Scheun DUT 34.90; Elzaan Mostert UJ A 30.62; Justine Robbeson NWU A 29. 63; Lindie Liebenberg NWU A 22.08

SA Student Athletics Championships

Day 2

17 April 2010

PUK Mc Arthur Stadium Potchefstroom

Men

200m Heat 1: (+2.5)Snyman Prinsloo UJ A 21.52; Ethan Florus US A 22.00;Titus Manfred UFS B 22.47; Nelis de Kock UFS A 22.51; Selebogo Mothea VUT 22.79; Thabo Phakoe UFS B 22.95; Banele Nxumalo UCT 23.39; tieho Mokhatla NWU Mafikeng 24.12.

200m Heat 2(+1.9) Thuso Mpuang UFS A 22.02; Themba Maddima TUKS A 22.32; Sandile Mpsi MUT 22.55;Rifaat Jappie US A 22.72; Ngube Emmanuel UJ C 23.74; Mivuyo Mjajubana UCT 23.85; Max Popesecu WITS 24.34.

200m Heat 3(+2.7) Kagiso Kumbane UFS 21.76;Leon du Toit TUKS A 22.10; Andre Nel NWU B 22.30; Garth Arenz US A 22.35; Jeanre Rossouw UCT 22.48; Tshepo Makomene WITS 24.90

200m Heat 3 (+1.8) Simon Magakwe NWU A 21.16; Isaak v Wyk TUKS A 21.40; Shaun de Jager US A 21.79; Max Mogotsi UJ C 21.97; Nkoga Lehlohonolo CUT 22.35; Leroy Bock CAPUT A22.38.

200m Heat 4(+1.8) Simon Magakwe NWU A 21.16; Isaak v Wyk TUKS A 21.40; Shaun de Jager US A 21.79; Max Mootsi UJ C 21.97; Nkoga Lehlohonolo CAPUT A 22.35.

200m Heat 5: (+1.6) Leigh Julius NMMU 21.67; Hannes Dreyer TUKS A 21.73; Gueron Kulsen US A 22.00; Njabula Mkhize Mota Mantje CUT 24.20; Freedom Mgobhazi DUT 24.26. UFS A 22.76; Reginald Hinda Northlink 23.29.

200m Heat 6: (+1.9) Peter Schoeman US A 22.17; Sidwell Mithi UJA 22.30; Karabo Phahlamoklalaka UL 22.43; Ashford Motsau UFS A 22.53

200m Heat : (+1.8)Waide Jooste UJ A 21.58; Shane Victor DUT 21.90; Sibusiso Sishi UJ A 22.20; Mario Mangalie CUT 23.24;Mpeli Shemane VUT 23.25

200m Heat 8: (+3.5) Willie de Beer TUKS A 21.90; Gert Harding NWU B 22.09; Ryan Nel UWC 22.29; Zothani Ngubane UKZN 22.66.

200m SF 1 (+2.5) Simon Magakwe NWU A 20.85; Kagiso Kumbane UFS A 2-.89; Hannes Dreyer TUKS A 21.01; Rthan Florus USA 21.68; Gueron Kulsen US A 22.07; Sibusiso Sishi UJ A 22.12

200m SF 2 (+2.1) Thuso Mpuang UFS A 20.75; Leigh Julius NMMU 20.84; Isaak v Wyk TUKS A 21.18; Shaun de Jager US A 21.75

200m SF 3 (+1.8) Snyman Prinsloo UJ A 21.07; Willie de Beer TUKS A 21.16y; Waide Jooste UJ A 21.46; Leon du Toit TUKS A 21.74; Shane Victor DUT 21.75.

200m Final: (+1.5) Simon Magakwe NWU A 20.23 USSA Rec 20,23; Leigh Julius NMMU 20.42; Thuso Mpuang UFS A 20.54; Kagiso Kumbane UFS A 20.80; Hannes Dreyer TUKS A 20.95; Snyman Prinsloo UJ A 21.03; Willie de Beere TUKS A 21.18; Isaak v Wyk TUKS A 21.26.

800m Heat 1: Windy Jonas UFS A 1:51.94; Ratlale Mokone UFS A 1:52.43; Rick Hambridge US A 1:52.78; Clinton Swanepoel 1:54.50; Werner du Toit UJ B 1:54.55; Keith Freidmond TUKS B 1:55.05

800m Heat 2: Ruben Ramolefi UJ A 1:53.67; Marnus Koekemoer TUKS A 1:55.04; Rudolf Coetzer UJ C 1:56.23; Andy Mukona TUKS B 1:57.37; Jan Lubbe NWU B 1:58.84; Hendrik v Staden UJ C 2:00.67

800m Heat 3: Henk Beukes UJ A 1:52.53; Brad Bonner TUKS A 1:52.77; Hannes Naude UFS A 1:52.81; Tinus v Rensburg NWU B 1:54.10; Bangqobile NWU B 1:55.04; Joshua Venter NMMU 2:08.95.

800m Heat 4: Adriaan v wyk TUKS A 1:51.22; Mthobisi Baloyi NWU A 1:51.40; Jaques Pretorius US A 1:51.59; Michael du Toit UJ B 1:52.63; Zwelaleke Sebota NWU A 1:52.84

800m Final: Windy Jonas UFS A 1:50.48; Adriaan v Wyk TUKS A 1:50.79; Ratlale Mokone UFS 1:50.98; Mthobisi Baloyi NWU A 1:51.01; Marnus Koekemoer TUKS A 1:51.22; Henk Beukes UJ A 1:51.25; Ruben Ramolefi UJ A 1:52.55; Michael du Toit UJ B 1:52.91.

5000m Final: Elroy Galant NWU A 14:06.09; Isaac Mboyasi UJ A 14: 15.18; Dumisane Hlaselo UFS A 14:22.73; Molefe Molefe UJ A 14:42.41; Edwin Molefe NWU A 14:44.53; Thuso Phaswana UJ A 14:44.92; Dean Brummer NWU A 14:52.74; Thoriso Ratsela UJ B 15:07.49.

400m H Heat 1: Ockert Groenewald TUKSA 43.08; Rodwin v Vuuren UJ A 53.17; Louw Smit US A 53.75; Ian Schoonwinkel NWU B 54.59; Jaco Willemse NWU A 56.99; Busang Kalisang UJ B 58.54; Edward Monanyane TUT 61.12

400m H Heat 2: PC Beneke UFS A 52.44; Hardus Maritz NWU A 53.33; Francois Retief US A 53.46; Mark Bender TUKS A 54.28; Morena Mkhizo UFS B 55.76; Rohan du Toit NMMU 62.27

400m H Heat 3: Johan Hanekom TUKS A 52.84; Pieter Marx UFS A 53.03; Leroy Bock CAPT A 53.44; JT Myburgh TUKS B 53.70; Jurie Moolman TUKS A 53.87; Pieter Koekemoer NWU A 53.88; Andre Storm NWU A 56.03; Sibulelo Mqwathi NWU B 56.61

400m H Final: PC Beneke UFS A 50.74; Johan Hanekom TUKS A 51.63; Pieter Marx UFS A 52.55; Leroy Bock CAPUTA 52,68; Hardus Maritz NWU A 52.79; Francois Retief US A 54.25; Rodwin v Vuuren UJ A 54.77

21.1km Road Race : Boy Soke UFS A 1:06:12.00; Rafael Mahapa TUT 1:06:24.00; Zandile Zuma VUT 1:07.46.00

4 x 400m Relay

High Jump Final; Marcolleen Pretorius NWU A 1.83; Janette Siebert UFS A 1.70; Rene Oosthuizen TUKS A 1.70; Carina du Preez UJ A 1.70; Bianca Erwee NWU A 1.65; Tarryn v Vollenhoven UWC 1.60; Matsi Diklota UJ A 1.60

Triple Jump Heat 1: Roger Haitengi UJ A (+0.77)15.77; Dylon Cotter UJ A (+1.47)14.95; Zaarck Visser UJ A (+0.46)14.80; Adewale Adejumo UKZN (+0.13) 14.60; Tuaire Salomon UJ (+0.58) 14.40; Peter Muyeni TUKS B(+1.51) 14.06; Kgomotso Lekalakala TUT (+0.44)13.78

Triple Jump Heat 2: Charles le Roux UFS A (+2.3) 15.20; Tumelo Thangane NWU A (+1.69) 14.95; Neo Marie UJ B (+1.71) 14.43; Maurice Mathabela TUT (+2.18) 14.35; Vaugh Rossouw UJ B (+2.25)13.94.

Triple Jump Final: Tumelo Thangane NWU A (+2.45)17.06; Roger Haitegi UJ A (+0.75) 16.46; Zaarck Visser UJ A (+2.49); Charles le Roux UFS A 15.42 (+1.58);Neo Marie UJ B (+0.68) 14.88; Adewale Abejumo UKZN (+2.45) 14.87; Pieter Muyeni TUKS B (+0.61)14.58; Maurice Mathabela TUT (+1.16) 14.34.

Hammer Throw Final :JK Kruger US A 61.85; Miguaal le Roux UJ B 54.53; Tehann v niekerk NWU A 53.62; Ruan de beer UJ B 50 .73; Lodewalt Venter NWU B 60.43; Rudolf Roodt DUT 47.49; Pieter Badenhorst UFS A 47.24; Pieter de Villiers UFSA 27.24

Javelin Throw Final: Tobie Holthausen NWU A 74.75; Bernard Crous NWU A 71.41; Ulrich Damon 70.25; Phil-Marie J V Rensburg NWU A 69.96; Andrew Grant-Smith US A 69.43; Niel Zimmerman NWU B 62.13; Jonothan Crichton UJ C 61.66; Franco Stander NWU B 61.53

Shot Put Heat 1: Ross Jordaan US A 16.57; Ryno v Winkel UFS A 15.54; Stephan Brink TUKS A 15.41; Donovan Snyman UJ A 15.11; Pieter v Deventer NWU B 14.13; Dewald Moolman TUKS A 13.61; Luan Retief US A 11.68; Jaco Havenga UJ C ; Migual le Roux UJ B 10.77

Shot Put Heat 2: Jaco Engelbrecht UJ A 15.92; Dean Wattrus NWU A 15.47; Stephan v Straaten NWU B 14.46; Brynne-Peters Kemp UJ B 13.97; Russel Tucker TUKS A 13.73; Leon Verster TUKS A 13.57

Shot Put Final: Dean Wattrus NWU A 18.20; Ross Jordaan US A 18:00; Donovan Snyman UJ A 17.56; Ryno v Winkel UFS A 16.51; Jaqco Engelbrecht UJ A 16.43; Stephan Brink TUKS A 16.02; Russel Tucker TUKS A 15.96

4 x 400m Relay: UJ A 3:11.64; TUKS A 3:13.58; UFS A 3:13.67; TUKS A team 2 3:14.66; US A 3:17.98

Women

200m Heat 1: (+2.3)Carina Horn TUKS A 23,77; Thandi Vilakazi UJ A25.10; Tasquane Hufkie NMMU 25.21; Bernice Roman UWC 25.61;. Narusta vd Colff US A 27:19

200m Heat 2: (+0.9) Chereese Jones TUKS A 25.52; Christine Ras UJ A 26.30; Sibususwe Gavu UKZN 26.62; kehly Gorgonzola NMMU 27.51; Carley Lomax TUKS B 30.20

200m Heat 3: (+2.0) Alet v Wyk 24.59;Rorisang Rammony NWU A 25.14; Welme v Zyl TUKS B 25.25; Annika v huyssteen US A 25.45; Gumede Nontobeko UKZN 25.57

200m Heat 4: (+1.6) Arlene Gowar TUKS A 25.13 Leah Slinger US A 25.84; Monique Maree UJA 26.33; Marizanne Jacobs UFS A 27.11; Simone Morris UWC 27.39.

200m Heat 5: (+2.7) Stacey Gardiner UWC 24.51; Eugenie Wicksell TUKSA 25.54; Bernicca Mashava UJ B 26.40; Amy Abel US A 27.03; Pinana Bongiwe TUT 28.35.

200m Heat 6: (+1.5) Cindy Stewart NMMU 24.79; Christy Coetzee TUKS A 24.89; Terry Cozett UWC 26.22; Ansce Scheepers UFS A 26.89. Nickell Jackson UJ B 27.02

200m Heat 7: (+1.6) Bevin Swart UWC 24.31; Taliza Swartz UFSA 25.55; Zaskia Struwig NMMU 25.61; Erika Kleinhans TUKS A 25.98; Namello Tsoteetsi VUT 27.77; Refiloe Lebane UJ B 29.74.

200m SF 1 (+2.1) Carna Horn TUKS A 23.78; Christy Coetzee TUKSA 24.47; Thandi Vilikazi UJ A 24.88; Chereese Jones TUKS A 25.06.

200m SF 2 (+1.9) Bevin Smith UWC 23.93; Cindy Stewart NMMU 24.16; Arlene Gowar TUKS A 24.34; Eugenie Wicksell TUKS A 25.20.

200m SF 3 (+2.5) Stacey Gardiner UWC 24.26; Alet v Wyk TUKS A 24.38; Rorisang Rammonyane NWU A 24.79; Gumede Nontobeko UKZN 25.06

200m Final: (+1.6) Cindy Stewart NMMU 23.59; Carina Horn TUKS A 23.82; Bevin Smith UWC 23.87; Stacey Gardiner UWC 24.16; Alet v Wyk TUKS A 24.42; Arlene Gowar TUKS A 24.43; Christy Coetzee TUKS A 24.60; Rorisang Rammonyane NWU A 24.96

800m Heat 1: Chantelle Anderson US A 2:15.43; Megan Williams UJ A 2:18.84; Juane Cilliers NWU A 2:20.26; Anika Claasens UJ B 2:21.94; Adri Meyer US B 2:24.86; Nandi Meyer UJ B 2:29.31; Linda Hanekom North link 2:30.64; Monique v Rhyn UFS A 2:30.88

800m Heat 2; Mandie Brandt UJ A 2:11.69; Annica Coetzee NMMU 2:11.78; Anuschca Nice TUKS A 2:11.97; Claire Cronje UFS A 2:12.05; Rone Reynecke UFS A 2:12.05; Done Vermaak TUKS B 2:15.29; Anelda Pypers UJA 2:20.31

800m Final: Anuschca Nice TUKS A 2:09.49; Juane Cilliers NWU A 2:09.74; Mandie Brandt UJ A 2:10.00; Annica Coetzee NMMU 2:10.00; Rone Reynecke UFS A 2:11.46; Claire Cronje UFS A 2:13.50; Chantelle Anderson US A 2:13.88; Done Vermaak TUKS B 2:15.62

400m H Heat 1: Wenda Theron TUKS A 61.55; Mariska Meintjies NWU A 62.52; Megan Goddard US A 63.09; Claudeen Els NWU A 64.41; Hermi Maree NMMU 71.99.

400m H Heat 2: Jana Theron NWU A 62.57; Marli Spies TUKS A 62.88; Anneri Ebersohn UFS 63.12; Yolandi le Roux TUKS B 63.89; Danielle Greef NWU B 67.45; Elouise Snyman UJ B 69.33.

400m H Final: Wenda Theron TUKS A 57.79; Anneri Ebersohn UFS A 60.03; Jana Theron NWU A 60.43; Marli Spies TUKS A 60.98; Mariska Meintjies NWU A 61.49; Megan Goddard US A 62.79;

5000m:

21.1 Km Road Race : Portia Ngwenya TUT 1:23:37.00; Elene Lourens USA 1:23:41.00; Mia Pienaar US A 1:23:59.00

4 x 400m Relay: TUKS A 3:44.84; NWU A 3:48.77; US A 3:49.90; UJ A 3:52.25; UFS A 3:53.77

Long Jump Heat 1: Patience Ntshingila NWU A (+3.88)6.00; Cindy Peters UJ A (+2.47)5.90; Rochelle vd Merwe NMMU (+ 0.47)5.75; Marni Stevens NWU B(+ 1.81)5.56; Claudine J v Rensburg TUKS B(+2.87) 5.47

Long Jump Heat 2: Linique Prinsloo TUKS A (+2.28)5.91; Kelly Kingwell UJ A (+1.99)5.76; Monja Goosen Tuks(+1.5)35.75; Danelle Fourie UJ A (+1.01) 5.36

Long Jump Final: Linique Prinsloo TUKS A (=2.84) 6.21; Monja Goosen TUKS B (+1.99) 6.08; Cindy Peters UJ A (+2.62) 5.90; Rochelle vd Merwe NMMU (+2.90) 5.72; Marni Stevens NWU B (+4.09) 5.66; Claudine J v Rensburg TUKS B (+2.99) 5.54; Patience Ntsingila NWU A (+1.09)5.58; Keshia Kalomo North link (+1.64)5.44

High Jump Final: Ruaan Claasen UJ B 2.10; Zarion Kotze NWU 2.10; Salomon Tuarie UJ B 2.05;JP v d Schyff NWU B 2.05; Andre Fourie NMMU 2.05;

Pole Vault Final: Deone Joubert UJ A 3.60; Mandi Maritz NMMU 3.30; Nicola Loots US A 3.10; Marike Jansen NWU B 3.10; Dane Isabel Botes UJ A 3.00; Talitha Lombard CAPT A 3.00 Solize Vosloo TUKS B 2.90

Discus Final: Elizna Naude TUKS A 58.39; Maryke Oberholzer TUKS A 51.54; Jo-Anne du Toit 41.22; Sonia Muts TUKS A 40.79; Lindie Liebenberg NWU A 39.13; Leandri de Beer UJ A 38.93; Amore Kotze UJ B 37.25; Ursula Fourie UJ B 37.23.

TEAM SCORES

SECTION A – WOMEN

1.	Pretoria University A	211.5
2.	NWU Pukke A	161
3.	UJ A	134
4.	UFS A	61
5.	US A	49

SECTION A MEN

1.	NWU Pukke	179
2.	UJ A	177
3.	Kovsies	120
4.	University of Pretoria A	109
5.	Maties	48

6. B SECTION – MEN

1. TUT	30
2. NWU Mafikeng	28
3. UKZN	26
4. NMMU	17
5. Rhodes & DUT	12

WOMEN

1. NMMU	54
2. UWC	39.5
3. TUT	39
4. UCT	8

TOTAL MEN + WOMEN - SECTION A

1. NWU Pukke	340
2. UP	320.5
3. UJ	311
4. UFS	181

TOTAL MEN + WOMEN - SECTION B

1. TUT	69
2. UWC	39.5
3. UKZN	34