

QUALIFYING STANDARDS

ASA SENIOR TEAMS

PREAMBLE

1. In 2011 there will be two international competitions for Senior athletes: the Southern Region Senior Championships in Mozambique in July and the IAAF World Championships in Athletics in Korea in August and September.
2. ASA's intention is to send competitive teams to both championships. The aim is to select athletes who stand a realistic chance of making the final at the World Championships.
3. The Southern Region Championships will be used to prepare the Senior team for international competition.
4. All South African athletes who participate at competitions in South Africa shall be deemed to be available for selection, unless they notify ASA otherwise by no later than the end of May 2011.
5. Selection standards for the All Africa Games shall be set after consultation with SASCOC and announced separately.

QUALIFYING PRINCIPLES

6. All performances must be achieved during the period 1st January 2011 to 5 August 2011.
7. Athletes below the age of 16 on 31 December 2011 will not be selected.
8. All valid performances achieved at recognised competitions shall be considered. However, preference shall be given to athletes' performances at the Yellow Pages South African Senior Championships.
9. Athletes who achieve qualifying performances and who do not compete at the Yellow Pages South African Senior Championships will only be considered under exceptional circumstances, including, but not limited to, medical or compassionate reasons.
10. All performances must be achieved during competitions organised or sanctioned by ASA or international competitions recognised by the IAAF. ASA shall only recognise competitions which have been

registered with ASA via the relevant province before the competition takes place.

11. Performances achieved in mixed events (between male and female participants), held completely in the stadium, may be accepted under specific circumstances and conditions (see Rule 147).
12. Wind assisted performances (over 2m/sec) will not be accepted.
13. For all track events, only electronically recorded times will be accepted. In all events, the results must be certified by qualified IAAF or ASA officials.
14. Indoor performances will be accepted however, for the running events of 400m and over, performances achieved on over-sized tracks will not be accepted.
15. Athletes who achieve the qualifying standards at competitions outside of South Africa must notify the ASA Office immediately. A failure to do so may result in the athlete not being selected where ASA is not aware of the performance.
16. Reigning World Champions shall be automatically entered in the event in which they won the title in 2009, should they so wish, regardless of qualifying performances.
17. Only athletes in possession of a 2011 ASA licence number purchased via a club registered with an ASA Province shall be considered for selection, unless the athlete is residing overseas and has notified ASA of this fact.
18. Any exceptions to these selection criteria will be made at the sole discretion of the Board of ASA.

SELECTION OF TEAMS

19. The team for the Southern Region Senior Championships shall be selected by mid-May. The athletes shall be notified immediately, via their provinces and the media.
20. The team for the World Senior Championships shall be announced on 8 August 2011, via notifications to the provinces, the media and posting on the ASA website.
21. Any athletes (or their authorised representatives or provinces) shall have until 16:00 on 10 August 2011 to protest in writing against their omission from the team. A full motivation for the complaint shall be stated in protest. The protest shall be forwarded to the ASA Office. No late protests shall be considered under any circumstances.

22. The team shall not be regarded as final until the time for protests has passed or all protests have been considered.
23. The ASA Board shall, in its sole discretion, decide upon any protests, although it has the right to call upon any ASA Commission or Committee for assistance in doing so.
24. The final team shall be announced on 12 August 2011. There after no further correspondence regarding the selection of the team shall be entered into.

SELECTION CRITERIA

25. For the Southern Region Senior Championships a maximum of three athletes per event shall be selected for the events which are offered at the Championships.
26. For the World Championships in Athletics (except for the marathon) a maximum of three athletes per event may be selected, provided they have met the IAAF A standard.
27. For the Southern Region Championships, ASA shall endeavour to select a full team of three per event. The team shall be selected according to the following principles:
 - a. The first two places at the Yellow Pages Senior Championships shall be selected.
 - b. Then the next ranked athlete on the SA ranking list for 2011 as at 3 June 2011 shall fill the third place.
 - c. Athletes who do not wish to be selected for the Southern Region Championships must notify the ASA Office by no later than 16:00 on 3 June 2011. Athletes who thereafter withdraw without valid medical or compassionate reasons will not be considered for the World Championships team.
28. For the World Championships in Athletics the following principles shall be followed:
 - a. The IAAF qualifying standards, as listed below, shall be utilised.
 - b. The provisional team shall be announced on 15 July 2011.
 - i. Any athlete who has attained the IAAF A and B standard at that date shall be considered for the team.
 - ii. The top two athletes on the ASA ranking list for 2011 who have attained the A standard shall be selected.

- iii. Where no-one has attained the A standard in an event, the top ranked athlete who has attained the B standard shall be selected.
 - c. The final team shall be announced on 8 August 2011.
 - i. Any athlete who has attained the IAAF A standard and who is ranked in the top three on the ASA ranking list for 2011 shall be selected, provided that any athlete who was selected for the provisional team and who had attained the A standard or who won the SA Senior Championships and attained the A standard in the same event shall be selected regardless of their final ranking.
 - ii. Where no-one has attained the A standard in an event, the top ranked athlete who has attained the B standard shall be selected.
- 29. Athletes who have qualified, but who have not been competing regularly at the time when the team is announced, may be called upon to confirm their fitness for international competition.
- 30. ASA does reserve the right to reduce the size of the team depending on budgetary considerations. Where this applies, announcements will be made timeously.

IAAF World Championships in Athletics
Daegu, Korea: 27 August–4 September 2011

Men		Event	Women	
A Standard	B Standard		A Standard	B Standard
10.18	10.25	100m	11.29	11.38
20.60	20.70	200m	23.00	23.30
45.25	45.70	400m	51.50	52.30
1:45.40	1:46.30	800m	1:59.80	2:01.30
3:35.00	3:38.00	1500m	4:05.90	4:08.90
13:20.00	13:27.00	5000m	15:14.00	15:25.00
27:40.00	28:00.00	10,000m	31:45.00	32:00.00
8:23.10	8:32.00	3000mSC	9:43.00	9:50.00
13.52	13.60	110mH/100mH	12.96	13.15
49.40	49.80	400mH	55.40	56.55
2.31	2.28	High Jump	1.95	1.92
5.72	5.60	Pole Vault	4.50	4.40
8.20	8.10	Long Jump	6.75	6.65
17.20	16.85	Triple Jump	14.30	14.10
20.50	20.00	Shot Put	18.30	17.30
65.00	63.00	Discus Throw	62.00	59.50
78.00	74.00	Hammer Throw	71.50	69.00
82.00	79.50	Javelin Throw	61.00	59.00
8200	8000	Decathlon/Heptathlon	6150	5950
1:22:30	1:24:00	20kmRaceWalk	1:33:30	1:38:00
3:58:00	4:09:00	50kmRaceWalk		
	39.20	4x100m	44.00	
	3:04.00	4x400m	3:32.00	