

ATHLETICS FREE STATE 2012 Fixtures

Day	Date	Name of Event	Venue	Category	Organised by	Email Address	Contact No	Contact Person	Start Time
				(TF/CC/RR)	(Name of Club)				
Sun	01-Jan	NEW YEAR'S DAY							
Wed	18-Jan	SCHOOLS OPEN							
Wed	18-Jan	Kovsie 1st Years T&F competition	Pelliespark Bloemfontein	T&F	KOVSIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	18:00
Sat	21-Jan	AEL Mielie Marathon	HTS Welkom	42,2km; 21,1km; 10km		paul.barnes@yebo.co.za	072-4818057	Paul BARNES	05:30
Mon	23-Jan	Grey House meet	AFS Stadium Bloemfontein	T&F	Grey S/S	piet@gc.co.za	084-6800066	Pieter VILJOEN	07:00
Tue	24-Jan	Eunice S/S House	AFS Stadium Bloemfontein	T&F	Eunice S/S	liza@ehs.co.za	051-4441765	Ferdi VAN WIJK	07:00
Wed	25-Jan	Sand Du Plessis P/S House	AFS Stadium Bloemfontein	T&F	Sand Du Plessis P/S	sdp@vodamail.co.za	082-8064477	René UYS	07:00
Wed	25-Jan	Bfn Striders Night Race	Langenhovenpark,Boeremark c/o Boerneef & Jochem v Bruggen St	10km; 5km Fun Run; Todler run	Bloemfontein Striders	jacog@kqauditors.co.za	082-4166779 082-5737222	Jaco GROBBELAAR Leana ESTERHUIZEN	18:30
Thu	26-Jan	Fichardtpark S/S House	AFS Stadium Bloemfontein	T&F	Fichardtpark S/S	louw@fpark.co.za	051-5226927	Louw PRINSLOO	07:00
Fri	27-Jan	St Michael's School for girls House meet	AFS Stadium Bloemfontein	T&F	St Michaels School	sms@stms.co.za	051-4015700	Braam VAN WYK	07:00
Fri-Sat	27-28 Jan	Motheo / Xhariep S/S District 1 & 2 competition	AFS Stadium Bloemfontein	T&F		nico@schoolink.co.za	083-2292976	Nico VAN RENSBURG	14:00

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Day	Date	Name of Event	Venue	Category (TF/CC/RR)	Organised by (Name of Club)	Email Address	Contact No	Contact Person	Start Time
Wed	01-Feb	St Andrews House meet	AFS Stadium Bloemfontein	T&F	St Andrews School		051-4442639	G. HOBSON	07:00
Wed	01-Feb	BEAC 90 min Athletics Challenge 1	AFS Stadium Bloemfontein	T&F	Excelente A/C	jrdup@mtnloaded.co.za	073- 3567631	Dup DU PLESSIS	17:30
Thu	02-Feb	Olympia Primary House	AFS Stadium Bloemfontein	T&F	Olympia		051-4324406	J. STAPELBERG	07:00
Fri	03-Feb	Wilgehof P/S House	AFS Stadium Bloemfontein	T&F	Wilgehof P/S	wilgehof@mivnet.co.za	(051) 5225211	L.B. MAC KAY	07:00
Sat	04-Feb	Bedelia Champion of Champions Invitational Meet	Bedelia P/S Welkom	T&F	Bedelia P/S	bedelia@internext.co.za	057-3524897 072-4992602	Jan MARX Hilde DU PLESSIS	08:00
Sat	04-Feb	Motheo / Xhariep S/S District 3 competition	AFS Stadium Bloemfontein	T&F	Motheo S/S	dokkies@telkom.net	082-9582945	Deresa FOURIE	07:00
Sat	04-Feb	Thabo Mofutsanyane Town S/S	Bethelehem	T&F	Thabo Mofutsanyane S/S				
Sat	04-Feb	SASOL Marathon	DP de Villiers Std Sasolburg	42,2km; 21,1km; 10km; Fun Run	Sasolburg AC	pollie.massyn@sasol.com	083-6392423	Pollie MASSYN	06:00
Sun	05-Feb	SA Marathon Championship	George	42,195km	ASA		(011) 8805800		
Wed	08-Feb	Motheo / Xhariep P/S Zone C	AFS Stadium Bloemfontein	T&F	Motheo/Xhariep P/S		082-2009349	Johan DU PREEZ	07:00
Thu	09-Feb	Motheo / Xhariep P/S Zone A	AFS Stadium Bloemfontein	T&F	Motheo/Xhariep P/S		082-2009349	Johan DU PREEZ	07:00
Fri	10-Feb	Motheo / Xhariep P/S Zone D	Thaba Nchu Stadium	T&F	Motheo/Xhariep P/S		082-2009349	Johan DU PREEZ	07:00
Fri	10-Feb	Harmony Valentine Night Race	Welkom Square Game Centre	10km; Fun Run	Harmony Striders	deon.lodder@harmony.co.za	082-9213330 082-7727420	Deon LODDER Trevor PERRY	18:00
Sat	11-Feb	Louis Botha Invitational Meet	AFS Stadium Bloemfontein	T&F	Louis Botha S/S	admin@louisbotha.co.za	082-8967872	Pierre DU PREEZ	07:00
Sat	11-Feb	Kloppers Adidas Festival of Running	Nedbank Bfn Achilles Sport Centre	42,2km; 21,1km; 10km	Nedbank Bfn Achilles	bloemachilles@gmail.com	083-2873050	Marijke DE WET	06:00
Mon	13-Feb	Sandveld District Championship OR 20 Feb	AFS Stadium Bloemfontein	T&F	Bultfontein S/S	bulties@schoolink.co.za	051-8531140	Johan UYS	07:00
Mon-Fri	13-17 Feb	Lejweleputswa P/S Zonal / Towns	Lejweleputswa	T&F	Lejweleputswa P/S				
Tue	14-Feb	Sasol P/S Zone 1	Sasolburg	T&F	Fezili Dabi P/S				
Wed	15-Feb	Sasol P/S Zone 2	Sasolburg	T&F	Fezili Dabi P/S				
Wed	15-Feb	BEAC 90 min Athletics Challenge 2	AFS Stadium Bloemfontein	T&F	Excelente A/C	jrdup@mtnloaded.co.za	073- 3567631	Dup DU PLESSIS	17:30
Thu-Fri	16-17 Feb	Vaalrivier S/S	Sasolburg	T&F	Fezili Dabi S/S				
Fri	17-Feb	Sentraal Top 20 meeting	AFS Stadium Bloemfontein	T&F	Sentraal S/S	Nico@schoolink.co.za	083-2292976	Nico VAN RENSBURG	14:00
Sat	18-Feb	Fichardtpark P/S Invitational	AFS Stadium Bloemfontein	T&F	Fichardtpark P/S		082-2009349	Johan DU PREEZ	00-Jan
Sat	18-Feb	Thabo Mofutsanyane Zone 1 S/S	Bethelehem	T&F	Thabo Mofutsanyane S/S				
Sat	18-Feb	ASA Cross Country Trials	Potchefstroom	CC			(011) 8805800		
Sat	18-Feb	Planeet Rooies Valentines RR	AHS Kroonstad (Rooiskool)	21,1km; 10km; FunRun	Syngenta MC	brummerd@telkomsa.net	082-5649426 083-3020703	Danie BRUMMER Jack MORTON	06:15
Mon	20-Feb	Sandveld District Championship OR 13 Feb	AFS Stadium Bloemfontein	T&F	Bultfontein S/S	bulties@schoolink.co.za	051-8531140	Johan UYS	07:00
Mon	20-Feb	Kovsie Track & Field Championship	Pelliespark Bloemfontein	T&F	KOV/SIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	18:00
Tue	21-Feb	FS Special Schools	AFS Stadium Bloemfontein	T&F	FS Special Schools		051-5226846	Nella OOSTHUIZEN	06:00
Wed	22-Feb	Vaalrivier P/S	Sasolburg	T&F	Vaalrivier P/S				
Wed	22-Feb.	USN 10km	Langenhovenpark Boere Mark c/o Boerneef & Joch v Brug st	10km; 5km Fun Run	Bloemfontein Striders	jacoq@kqauditors.co.za	082-4166779 082-6737222	Jaco GROBBELAAR Leana ESTERHUIZEN	18:15
Fri-Sat	24 - 25 Feb	AFS Senior, U 23,Junior & Youth Champs	AFS Stadium Bloemfontein	T&F	AFS	fsa@athletics.org.za	(051) 4303251		
Fri-Sat	24 - 25 Feb	Motheo / Xhariep S/S Championship	AFS Stadium Bloemfontein	T&F	Motheo S/S	corrie@schoolink.co.za	083-2585376	Corrie VENTER	07:00
Sat	25-Feb	Goudveld & Sandveld P/S Competitions	Lejweleputswa	T&F	Lejweleputswa P/S				
Sat	25-Feb	Yellow Pages Interprovincial I	Germiston	T&F	ASA		(011) 8805800		
Sat	25-Feb	Sterkfontein 25km	Sterkfontein Dam	25km; 10km	Harrismith MC	p.g.dutoit@amanzi.co.za	084-5702544	Pieter DU TOIT	07:00

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				(TF/CC/RR)	(Name of Club)					
Thu-Fri	01-02 Mar	Fezile Dabi S/S Champs	Sasolburg	T&F	Fezili Dabi S/S					
Sat	03-Mar	Motheo, Xhariep P/S Championship	AFS Stadium Bloemfontein	T&F	Motheo/Xhariep P/S		082-2009349	Johan DU PREEZ	07:00	
Sat	03-Mar	Yellow Pages Interprovincial II	Bellville	T&F	ASA		(011) 8805800			
Sat	03-Mar	Northern FS P/S Championship	Sasolburg	T&F	Northern FS P/S					
Sat	03-Mar	Lejweleputswa & Fezile Dabe P/S Competitions	Lejweleputswa	T&F	District P/S					
Sat	03-Mar	Thabo Mofutsanyane S/S Championship	Bethlehem	T&F	Thabo Mofutsanyane S/S					
Sat	03-Mar.	Surrender Hill Marathon	Clarencs	42,2km; 21,1km; 10km	Bethlehem MC	bhmmarathon@gmail.com	082-8228992	Ebarnie CILLIERS	06:00	
Sat	03-Mar.	Dairy Belle Naval Duiwel	Bfn Bowling Club Navil Hill Union Av	42km; 21km; 10km; 5KM Fun Run	Bloemfontein Striders	jacog@kgauditors.co.za	082-4166779 082-5737222	Jaco GROBBELAAR Leana ESTERHUIZEN	06:00	
Sat	03-Mar	Southern Region Cross Country Champs	MAURITIUS	CC	S Region					
Fri	09-Mar	Clover	Bethlehem	T&F						
Fri-Sun	09 - 11 Mar	IAAF World Indoor Champs	Istanbul, TUR	T&F	IAAF / ASA		011-8805800			
Sat	10-Mar	Free State Throws Meeting	Peliespark UFS	T&F	FSA ; KOVSIE A/C	fsa@athletics.org.za kaaipreller@mweb.co.za	087-8021748 083-2839612	AFS Kaai PRELLER	09:00	
Sat	10-Mar	Free State P/S Championship	Sasolburg	T&F	FS Peimary Schools					
Sat	10-Mar.	Engen to Engen and FS 10km Championship	Engen Riebeeckstad	21,1km; 10km; Fun Run	AFS & Riebeeckstad Harriers	fsa@athletics.org.za	087-8021748 083-4797448	AFS Hendrik VAN RENSBURG	06:00	
Wed	14-Mar	BEAC 90 min Athletics Challenge 4	AFS Stadium Bloemfontein	T&F	Excelente A/C	jprdup@mtloaded.co.za	073- 3567631	Dup DU PLESSIS	17:30	
Fri-Sat	16-17 Mar	FS Secondary Schools Championship	Sasolburg	T&F	FS Secondary Schools					
Sat	17-Mar	Pride in Tyres / Pentagon Pistols 32km	Northridge Mall Bloemfontein	32km; 10km	Pentagon Pistols	Francois.Cilliers@wiehahn.co.za	082-7555559 082-7707770	Francois CILLIERS Gerhard BEUKES	06:30	
Sun	18-Mar	2nd CAA Africa Cross Country Champs	Cape Town							
Tue	20-Mar	Yellow Pages Series I	Stellenbosch	T&F	ASA		(011) 8805800			
Wed	21-Mar			HUMAN RIGHTS DAY						
Wed	21-Mar	DR Church Universitas 10km Road Race	DR Church Universitas	10km; 4km Fun Run	KOVSIE A/C	PrinsDB@ufs.ac.za	083-2878810	DB PRINSLOO		
Thu-Sat	22-24 Mar	P/S National Championship	Durban	T&F	National P/S					
Sat	24-Mar	Yellow Pages Series II	Durban	T&F	ASA		(011) 8805800			
Sun-Fri	25-30 Mar	Nedbank Nat Champs for Physical Disabled	Durban	T&F	FSSAPD	ernesta.strydom@gmail.com	072-3862639	Ernesta STRYDOM		
Fri-Sun	30 Mar/01 Apr	Yellow Pages SA Youth, Junior & U/23 T&F Championship	Germiston	T&F	ASA		(011) 8805800			
Thu-Sat	30-31 Mar	S/S National Championship	Rustenburg	T&F	National S/S					
Fri	30-Mar			SCHOOLS CLOSE						
Sat-Sun	31 Mar/01 Apr	Africa Combined Events Championship	MAURITIUS	T&F	S Region					
Sat	31-Mar	Memel Mahem Road Race	Memel	26km; 10km	Warden Marathon Club		058-6430639	Benita COETZEE	06:00	

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Fri-Sun	30 Mar/01 Apr	Yellow Pages SA Youth, Junior & U/23 T&F Championship	Germiston	T&F	ASA		(011) 8805800		
Sat-Sun	31 Mar/01 Apr	Africa Combined Events Championship	MAURITIUS	T&F	S Region				
Sun	01-Apr	CAA International Meeting	MAURITIUS	T&F	S Region				
Thu	05-Apr	Yellow Pages SA Inter-Club	Pretoria	T&F	ASA		(011) 8805800		
Fri	06-Apr	GOOD FRIDAY							
Sat	07-Apr	Two Oceans Marathon	Cape Town	Ultra RR					
Mon	09-Apr	FAMILY DAY							
Tue	10-Apr	SCHOOLS OPEN							
Fri-Sat	13 - 14 Apr	Yellow Pages SA Senior Track & Field Championship & SA Combined Events Championship	Port Elizabeth	T&F	ASA		(011) 8805800		
Sat	14-Apr	Wildfees Marathon	Willem Pretorius Game Reserve (Ventersburg)	42,195km; 10km	Syngenta MC	brummerd@telkomsa.net frikkie@blouskool.co.za	082-5649426 083-3020703	Danie BRUMMER Jack MORTON	06:00 06:15
Fri	20-Apr	Yellow Pages Series III	Pretoria	T&F	ASA		(011) 8805800		
Sat	21-Apr	3rd Campus to Campus Road Race	Goldfields FET Welkom	15km; 5km Fun Run	Goldfields FET College	mankontso@goldfieldscollege.edu.u.fs	084-5625124 084-3013882	M.J. MOKATI Mr BOOYENS	08:00
Sun	22-Apr	World 100km Championship	Bergamo, ITA	100km	IAAF / ASA		011-8805800		
Fri	27-Apr	FREEDOM DAY							
Fri-Sat	27-28 Apr	Yellow Pages SA Students National Championships	Johannesburg	T&F	SA Students Comm				
Sat	28-Apr	SA Truck Bodies Marathon and Brocor 10km	Nedbank Bfn Achilles Sport Centre	42,2km; 10km	Nedbank Bfn Achilles	bloemachilles@gmail.com	083-2873050	Marijke DE WET	06:00
Mon	30-Apr	SCHOOL HOLIDAY							

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				(TF/CC/RR)	(Name of Club)				
Tue	01-May			WORKERS DAY					
Fri	04-May	Bfn Cross Country League 1	UFS Cross Country Course	CC	AFS	fsa@athletics.org.za	087-8021748	AFS	14:50
Fri-Sat	04 - 05 May	SA Open Track & Field Championship	Pretoria	T&F	ASA		(011) 8805800		
Fri-Sat	04 05 May	Southern Region Junior Champs	Windhoek, NAM	T&F	S Region				
Sat	05-May	Interstate Buslines Glen Half Marathon and FS Half Marathon Champs	Circle Andries Pretorius St & Wilcocks Rd Bfn	21,1km	Nedbank Bfn Achilles	bloemachilles@gmail.com	083-2873050 083-3022784	Marijke DE WET Gordon VAN WYK	07:00
Sat	05-May	DR Church Vaalpark	D/R Church, Keiskama st, Vaalpark, Sasolburg	21.1km & 10km; Fun Run	Sasolburg AC	boet.beukes@yahoo.com	084-5054371	Boet BEUKES	08:00
Sat	12-May	FS XC Trials	Welkom	CC	ASA	fsa@athletics.org.za	087-8021748	AFS	09:00
Sat	12-May	Zio Cash & Carry 10km	Flavius Mareka College Sport Stadium Sasolburg	10km; Fun Run	Sasolburg AC	pollie.massyn@sasol.com	083-6392423	Pollie MASSYN	08:00
Sat-Sun	12-13 May	World Race Walking Cup	Saransk, RUS	RW	IAAF / ASA		011-8805800		
Fri	18-May	Bfn Cross Country League 2	UFS Cross Country Course	CC	AFS	fsa@athletics.org.za	087-8021748	AFS	14:50
Sat	19-May	SA 10km Championship	Kinberley	10km	ASA		(011)8805800		
Sat	26-May	XC INTERPROVINCIAL	UFS Cross Country Course	CC	ASA	fsa@athletics.org.za	087-8021748	AFS	09:00
Fri-Sun	25-27	Southern Region Youth Champs	Zimbabwe	T&F	S Region				

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Fri	01-Jun	Bfn Cross Country League 3	UFS Cross Country Course	CC	AFS	fsa@athletics.org.za	087-8021748	AFS	14:50
Sun	03-Jun	Comrades Ultra	Durban, KZN	RR					
Sat	09-Jun	Kovsie 1 hour Track & Field meet	Pelliespark Bloemfontein	T&F	KOVSIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	13:00
Sat	16-Jun	YOUTH DAY							
Fri	22-Jun	SCHOOLS CLOSE							
Wed-Sun	27 Jun/01 Jul	CAA Africs Senior Champs	Benin	T&F	S Region				

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Wed-Sun	27 Jun/01 Jul	CAA Africs Senior Champs	Benin	T&F	S Region				
Tue - Sun	10-15 Jul	World Junior Championship	Barcelona, ESP	T&F	IAAF / ASA		011-8805800		
Mon	16-Jul	SCHOOLS OPEN							
Fri	20-Jul	Bfn Cross Country League 4	UFS Cross Country Course	CC	AFS	fsa@athletics.org.za	087-8021748	AFS	14:50
Sat	21-Jul	Kovsie 1 hour Track & Field meet	Pelliespark Bloemfontein	T&F	KOVSIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	13:00
Fri	27-Jul	Bfn Cross Country League 5	UFS Cross Country Course	CC	AFS	fsa@athletics.org.za	087-8021748	AFS	14:50

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Wed	01-Aug	Kovsie Inter Hostel CC League 2	UFS Cross Country Course	CC 2km	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:15
Fri-Sun	03-12 Aug	Olympic Games (Athletics Program)	London, GBR	T&F	IAAF / ASA		011-8805800		
Sat	04-Aug	AFS Cross Country Championships	UFS Bloemfontein	CC	AFS	fsa@athletics.org.za	087-8021748	AFS Office	09:00
Wed	08-Aug	Kovsie Inter Hostel CC League 3	UFS Cross Country Course	CC 4 x 2km Relay	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:15
Thu	09-Aug	WOMEN'S DAY							
Fri	10-Aug	SCHOOL HOLIDAY							
Wed	15-Aug	Kovsie Inter Hostel CC League 4	UFS Cross Country Course	CC 3km	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:15
Fri	17-Aug	Welkom, Medi-Clinic Eskom Gijimas FS	Welkom Medi-Clinic	1 km Wheelchair disable race 1km Children race 6-14y 100m Todler dash 3-5y FS Ladies 5 kmFun Run/Walk Open 10km	Eskom Gijimas FS	Pieter.Coetzee@eskom.co.za hildeduplessis@polka.co.za	072-2207913 072-4992602	Anton COETZEE Hilde DU PLESSIS	16:00 16:30 17:00 18:00 18:45
Wed	22-Aug	Kovsie Inter Hostel CC League 5	UFS Cross Country Course	CC 4km	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:15
Sat	25-Aug	Wilge Spring Half Marathon	NG Kerk Frankfort	21,1km; 10km; Fun Run	Sasolburg AC	wkuit@vodamail.co.za	082-4162421	Wanda KUIT	08:00
Sat	25-Aug	Windmill Casino 10km	Windmill Casino, Jan Pierewiet Road, Pellissier	10km; 5km Fun run	Bloemfontein Striders	jacog@kgauditors.co.za	082-4166779 082-5737222	Jaco GROBBELAAR Leana ESTERHUIZEN	06:30
Sun	26-Aug	SA HALF MARATHON CHAMPS	Cape Town	21,1km	ASA		(011) 8805800		
Wed	29-Aug	Kovsie Inter Hostel CC League 6	UFS Cross Country Course	CC 4 x 1km Relay	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:15
Wed-Sun	29 Aug - 9 Sep	Paralympac Games	London, GBR	Games	FSSAPD	ernesta.strydom@gmail.com	072-3862639	Ernesta STRYDOM	

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Wed-Sun	29 Aug - 9 Sep	Paralympac Games	London, GBR	Games	FSSAPD	ernesta.strydom@gmail.com	072-3862639	Ernesta STRYDOM		
Sat	01-Sep	Bultfontein Boertjie Fees	Bultfontein Show Grounds	21,1km; 10km; 5km	Harmony Striders	deon.lodder@harmony.co.za	082-9213330 082-7727420	Deon LODDER Trevor PERRY	07:15 07:30	
Sat	01-Sep	Vic Theron & Webbers Springrace	Nedbank Bfn Achilles Sport Centre	10km	Nedbank Bfn Achilles	bloemachilles@gmail.com	083-2873050 082-2696144	Marijke DE WET Jan VAN DER WATH	07:00	
Mon	03-Sep	SVS Tweekamp Proewe	AFS Stadium Bloemfontein	Tweekamp	VS Tweekamp	bmsc234@gmail.com	079-1172690	Rene ODENDAAL	13:00	
Mon-Sat	03-08 Sep	Kovsie Coaches and Technical Officials Courses	Pelliespark	Course	KOVSIIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO		
Wed	05-Sep	Kovsie Cross Country Mob Race	UFS Cross Country Course	CC	KOVSIIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	12:00	
Wed	05-Sep	Dries Cuyler Gedenkwedloop	Kroonstad S/S (Blouskool)	15km; Fun Run	Syngenta MC	brummerd@telkomsa.net frikkie@blouskool.co.za	082-5649426 083-3020703	Danie BRUMMER Jack MORTON	18:00 18:30	
Sat	08-Sep	Bloempark SWEET & EET 10km	Bloempark Church, Charlie Sutton St, Fichardtspark. Behind Southern Shopping centre	10km; 5km Fun Run & Toddler run	Bloemfontein Striders	jacog@kgauditors.co.za	079-8780760 082-5737222	Marike DU PLESSIS Leana ESTERHUIZEN	07:00	
Fri	14-Sep	Engen Charity Walk/Run for Toys	Stateway Welkom	10km; 5km Fun Run	Welkom Striders	paul.barnes@yebo.co.za	072-4818057	Paul BARNES	18:00	
Sat	15-Sep	South African Cross Country Championship	Durban	CC	ASA		(011) 8805800			
Sat	15-Sep	Allan Ferguson Round Navil Hill	Hamilton Park Bfn	10km	Nedbank Bfn Achilles	bloemachilles@gmail.com	083-2873050	Marijke DE WET	07:00	
Sat	15-Sep	Correctional Services 10km	Goedemoed Sport field	10km	Goedemoed AC	vumile.meje@dcs.gov.za	083-4291031	Mnr MEJE	08:00	
Fri	21-Sep	HTS Louis Botha House	AFS Stadium Bloemfontein	T&F	HTS Louis Botha		082-8967872	Pierre DU PREEZ	07:00	
Sat	22-Sep	Motheo 10km & Fun-Run	Schoeman Park Bfn	10km; Fun Run	Motheo Dev AC		078-3945437 073-8473758	M. MVAMBO Psuetsa		
Sat	22-Sep	Real Lions RR	Riebeeckstad Sportgrounds	10km; 4km Fun	Real Lions AC	qditshoane@gmail.com	072-6928923	Sam DITSHOANE	08:00	
Sun	23-Sep	Cape Town Marathon	Cape Town	42,195km	WPA					
Mon	24-Sep	HERITAGE DAY								
Wed	26-Sep	Eduplus 10 km	Eduplus,c/o Jochem v Bruggen and Boerneef Str.Langenhoven Park	10km;5km fun run;Toddler run	Bloemfontein Striders	jacog@kgauditors.co.za	083-2848295 082-5737222	Anja COETZEE Leana ESTERHUIZEN	18:00	
Fri	28-Sep									

ATHLETICS FREE STATE 2012 Fixtures

Day	Date	Name of Event	Venue	Category	Organised by	Email Address	Contact No	Contact Person	Start Time	
				(TF/CC/RR)	(Name of Club)					
Mon-Fri	01 -05 Oct	Courses; Technical & Coaching	AFS Stadium Bloemfontein	Courses	AFS	fsa@athletics.org.za	087-8021748	AFS	08:00	
Fri	05-Oct	Berg-en-Daller	Berg en Dal Church c/o Albrecht / Gen Hertzog Av Dan Pienaar	10km; 5km Fun Run	Bloemfontein Striders	jacog@kgauditors.co.za	051-4362756 082-5737222	Willimien SMUTS Leana ESTERHUIZEN	18:00	
Sat	06-Oct	SVS Interprovincial Tweekamp Championship	AFS Stadium Bloemfontein	Tweekamp	VS Tweekamp	bmsc234@gmail.com	079-1172690	Rene ODENDAAL	13:00	
Sat	06-Oct	World Half Marathon Champs	Kavarna, BUL	21,1 km	IAAF / ASA		011-8805800			
Sat	06-Oct	GAT fees RR	Zastron Golf Club	21,1km; 5km Fun Run	Goedemoed AC	maraisme@fshealth.gov.za	083-9466290 082-7729082	Mnr MEJE Retha MARAIS	07:30	
Sat	06-Oct	Golden Gate Half Marathon	Golden Gate	21,1km; 10km	Bethlehem MC	bhmmarathon@gmail.com	082-8228992	Ebarnie CILLIERS	06:00	
Mon	08-Oct	SCHOOLS OPEN								
Fri	12-Oct	Vodacom / Pentagon Pistols 12,25km Charity Run	Caramellos, Bloemfontein	12,25km; 5km	Pentagon Pistols	Francois.Cilliers@wiehahn.co.za	082-7555559 082-7707770	Francois CILLIERS Gerhard BEUKES	18:00	
Fri	12-Oct	SAPAS NF 10km & Fun Run	Riebeeckstad SAPD	10km; 4km Fun Run	SAPS NF	pmbail@absamail.co.za	084-58883860	Pieter BAILEY	06:00	
Sat	13-Oct	12th Grey - OMS Clover meet	AFS Stadium Bloemfontein	T&F	Grey / Oranje	piet@qc.co.za	084-6800066	Pieter VILJOEN	08:30	
Sat	13-Oct	Harrismith Bergwedloop	Platberg Stadion	15km	Harrismith MC	p.g.dutoit@amanzi.co.za	084-5702544	Pieter DU TOIT	11:00	
Sat	13-Oct	SA Race Walking Champs	Cape Town	RW	ASA		(011) 8805800			
Sat	20-Oct	JF P/S Invitation	AFS Stadium Bloemfontein	T&F	JF P/S	jprimer@saschools.co.za	051-5225951	Piet VAN VUUREN	06:00	
Sat	20-Oct	Pride in Tyres / Pentagon Pistols 10km Berg op Berg af	Bloemfontein Boling Club	10km	Pentagon Pistols	Francois.Cilliers@wiehahn.co.za	082-7555559 082-7707770	Francois CILLIERS Gerhard BEUKES	06:00	
Fri	19-Oct	Spar Night Race	Spar, Mcleanstraat Riebeeckstad	RR	10km; Fun Run	Riebeeckstad Harriers	083-4797448	Hendrik VAN RENSBURG		
Fri	26-Oct	Grey P/S House	AFS Stadium Bloemfontein	T&F	Grey P/S	sport@gcpb.co.za	082-9206400	Stefan VAN SCHALKWYK	07:00	
Sat	27-Oct	JF Secondary School Invite	AFS Stadium Bloemfontein	T&F	JF Sec School	millie@if.co.za	082-5670760	Millie VAN WYK	07:00	
Sat	27-Oct	Eunice 10km	Eunice School	10km	KOVSIE A/C	PrnsIDB@ufs.ac.za	083-2878810	DB PRINSLOO		

ATHLETICS FREE STATE 2012 Fixtures

Day	Date	Name of Event	Venue	Category	Organised by	Email Address	Contact No	Contact Person	Start Time
				(TF/CC/RR)	(Name of Club)				
Fri.	02-Nov.	VVA Roadrace	Sandveld Secondary School Wesselsbron	10km; 5km Fun Run	Bloemfontein Striders	jacog@kgauditors.co.za	082-4166779 072-3329377	Jaco GROBBELAAR Nelie BOTES	18:00
Sat	03-Nov	FSSAPD Trials	AFS Satdium Bloemfontein	T&F	FSSAPD	ernesta.strydom@gmail.com	072-3862639	Ernesta STRYDOM	08:00
Sun	04-Nov	Soweto Marathon	Soweto, Johannesburg	42,195km	ASA				
Sat	10-Nov	Summer race	DP de Villiers Std Sasolburg	15km; 10km; Fun Run	Sasolburg AC	dolf.binneman@sasol.com	073-3396809	Dolf BINNEMAN	06:00
Sat	10-Nov	FS Masters Championship	AFS Satdium Bloemfontein	T&F	AFS Masters	fsmasters@absamail.co.za	083-4447205	Kitty VAN DER MERWE	07:00
Sat	10-Nov	Mantsopa Fun Run & Walk	Modderpoort Junction Ladybrand	10km	Montsopa A/C		083-7693977	J.S. KABI	07:00
Sat	10-Nov	Twin City 15km	Twin City Centrum,Heidedal,Heatherdale Rd.	15km; 5 km; Fun Run,Toddler run	Bloemfontein Striders	jacog@kgauditors.co.za	082-4166779 082-5737222	Jaco GROBBELAAR Leana ESTERHUIZEN	07:00
Sat	17-Nov	Cherry Race	Ficksburg Primary School	23km; 4,8km Fun Run	Ficksburg MC		073-8086189	Audie FOURIE	07:00
Sat	24-Nov	Kovsie 1 hour Track & Field meet	Pelliespark Bloemfontein	T&F	KOVSIE A/C	PrinsIDB@ufs.ac.za	083-2878810	DB PRINSLOO	17:00

ATHLETICS FREE STATE 2012 Fixtures

Day	Date	Name of Event	Venue	Category	Organised by	Email Address	Contact No	Contact Person	Start Time
				(TF/CC/RR)	(Name of Club)				
Sat	01-Dec	Bloemfontein Striders 21km	Lagenhoven Park,Boeremerk c/o Boerneef and Jochem Van Bruggen Str.	21.1km,5 km Fun Run	Bloemfontein Striders	jacog@kgauditors.co.za	082-4166779 082-5737222	Jaco GROBBELAAR Leana ESTERHUIZEN	06:00
Fri	07-Dec	SCHOOLS CLOSE							
Sun	16-Dec	DAY OF RECONCILIATION							
Sun	16-Dec	Wesselsbron AC Challenge	TBA	5 km;10km	Wesselsbron AC	senatlaim@gmail.com	727027204	Senatla J.M.T.	07:00
Tue	25-Dec	CHRISTMAS DAY							
Wed	26-Dec	DAY OF GOODWILL							